

## Michael J. Milne, MD

Board Certified Orthopedic Surgeon  
Fellowship Trained in Sports Medicine  
The Orthopedic Center of St. Louis  
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[www.MilneSportsMedicine.com](http://www.MilneSportsMedicine.com)



Dr. Milne is a native St. Louisan who returned to St. Louis in August 2003 to bring world class training and experience to athletes, workers, and active individuals in the Midwestern United States.

He is fellowship trained in knee and shoulder surgery and in the treatment of sports related injuries. He has special interest in advanced arthroscopic techniques and minimally invasive surgery.

Dr. Milne has recently been named to the medical staff of the St. Louis Cardinals as Assistant Team Physician. He is head team physician of the St. Louis Bandits "Junior A" Hockey team, Missouri Premier Soccer, DeSmet Jesuit High School and Marquette High School. He consults for SLUH and SEMO.

### Hospital Affiliations & Medical Credentials

Barnes – West County Hospital, Missouri  
St. Joseph's Hospital, Kirkwood, Missouri  
Advanced Surgical Care, Creve Coeur  
Timberlake Surgery Center, Chesterfield  
Des Peres Hospital, Des Peres, Missouri

### Steadman-Hawkins Clinic, Vail, Colorado

- J. Richard Steadman, M.D. and Richard J. Hawkins, M.D. fellowship directors
- Fellowship trained knee and shoulder specialist
- Former Team Physician, Fellow
  - Denver Broncos NFL Team
  - Colorado Rockies MLB Team
  - United States Ski Team

### Parkland Hospital, University of Texas Southwestern Medical Center

- Orthopedic Surgery Residency

### University of Texas Southwestern Medical School Dallas, Texas, 1997

Dr. Milne is the shoulder chapter author for American College of Physician's [Expert's Guide to Sports Medicine](#). He has presented on orthopedic topics in the United States, Europe and Australia.

### Knee Surgery

- ACL and PCL Reconstruction
- Arthroscopic Treatment of Knee Arthritis and Meniscus Damage
- Arthroscopic Cartilage Techniques
  - Microfracture
  - Carticel Cartilage Regeneration

### Shoulder Surgery

- Arthroscopic Rotator Cuff Repair
- Arthroscopic Shoulder Stabilization
- Arthroscopic Labral Surgery

### Surgery of the Elbow, Wrist, and Ankle

- Elbow Stiffness, Ankle Degeneration
- Carpal and Cubital Tunnel Surgery

### Worker's Compensation Treatment

- Extensive MO and IL experience
- Independent Medical Evaluations
- Eval/Treat and 2<sup>nd</sup> Opinions

Joining Dr. Milne is [Kelly A. Rhodus, PA-C](#), [Wendy Wertel, MA](#) and [Jeff Eddy, MS, ATC, CSCS](#). Kelly holds a master's level PA degree. She and Wendy have years of experience in orthopedic surgery. Jeff is former trainer for the St. Louis Steamers and UMSL. He is a certified U.S. Triathlon Coach.